



**Michael S.
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Questions?

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Colonoscopy MoviPrep Instructions

ONE WEEK BEFORE your procedure:

1. Our office will call you and your MoviPrep prescription will be called in to your pharmacy.

THREE DAYS BEFORE your procedure:

1. Stop all aspirin, aspirin products, blood thinners, anti-inflammatory drugs, vitamin E, and vitamins with iron. If you have any aches or pains, you may use Tylenol.
2. If you are on blood thinners or aspirin, you must notify your PCP or cardiologist prior to stopping these medications. (Please **DO NOT** stop taking high blood pressure, asthma, seizure, or heart medications.)

ONE DAY BEFORE your procedure:

1. **In the morning**, take **one package** containing packet labeled "A" and "B". Empty both packets into the container provided, fill with water to fill line, shake to dissolve powders and refrigerate.
2. You will have clear liquids all day. *Clear liquids include: popsicles, Jell-O, broth or bouillon, clear fruit juices, Gatorade, clear sodas, black coffee or tea. **Nothing red, orange, or purple in color, and no milk products.*** Drink as many fluids as you can throughout the day to help keep you hydrated and feeling full.
3. **At 5:30 PM**, begin drinking your MoviPrep as quickly as possible until container is empty. (Rapidly drinking is better than sipping.)
4. Drink 16 oz. of water after finishing container.
5. After completing your first container, take the 2nd package containing Packet "A" and "B" powders. Mix and refrigerate the same as instructed in step 1.
6. **At 10:30 PM**, repeat steps 3 & 4.
7. You may have clear liquids until midnight; **nothing to eat or drink after midnight.**

THE DAY OF your procedure:

1. Take your heart, blood pressure, asthma, and seizure heart medications the day of your procedure with a small sip of water.
2. You must be accompanied by a friend/relative 18 years or older, even if you take public transportation or have rides provided by Medicare or Medicaid. Procedures will be rescheduled if transportation arrangements have not been made for your safe return home.
3. Please leave all valuables at home, as we cannot be responsible for the loss of your valuables.

Please contact Dr. Lindner's office 48 hours prior if cancellation or rescheduling procedure is necessary.

