

Magnesium Citrate Prep (Over The Counter)

Please buy three 10 oz. bottles of Magnesium Citrate (any flavor of your choice, as long as its clear)

The day before your procedure while you are on your clear liquid diet..

Drink the first bottle at 10 AM

Then drink the second bottle at 6 PM

If you do not have a clear bowel movement by the second bottle then drink the 3rd bottle 5 hours prior to your procedure.

Any questions, please call our office at (210) 242-0024.